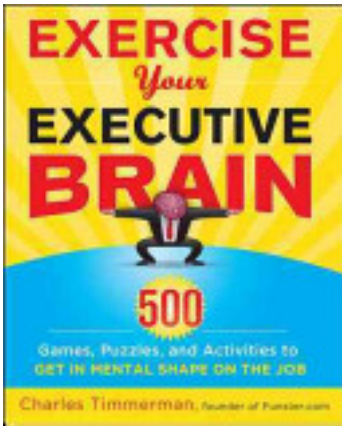


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Exercise Your Executive Brain, Charles Timmerman, McGraw-Hill Education, 2010, 0071752250, 9780071752251, 368 pages. 500 Brain-Building Exercises for Boosting Job Performance Just like the body, the mind needs a focused exercise routine in order to stay healthy and honed--and a daily regimen of games, teasers, and puzzles is the perfect workout. Exercise Your Executive Brain is packed with 500 fun and invigorating puzzles specifically designed to stimulate the frontal lobes of the brain, which kick starts creativity and sharpens decision-making--the most critical functions for high performance on the job. Start right here with: Anagrams Word Searches Crosswords Brain Teasers Cryptograms Sudoku Mazes Sometimes the journey to success is all about fun and games! Can you find an East Coast city by rearranging the letters in "labor time"? A pair of rhyming words that mean "a majestic trade name"? Four five-letter words starting with "r" using letters in the name Louis Rukeyser? See? You've already started working out! Keep it up with Exercise Your Executive Brain!

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A Wellness Way of Life , Gwen Robbins, Debbie Powers, Sharon Burgess, Nov 1, 2006, , 582 pages. The purpose of "A Wellness Way of Life" is to help you pursue your wellness potential by providing you with a road map for this exciting journey. The road map includes two ....

Sit & Solve Brainteasers , Derrick Niederman, Apr 1, 2003, Games, 96 pages. It's clear - people everywhere are sitting and solving! That's why more than 110,000 copies of this amazing series have nearly jumped out of stores. With their amusing shape ....

Music Brain Teasers Interesting Facts and Fun Activities for Learning about Composers, Music Symbols and Terms, Musical Styles, and Instruments, Janet Vogt, Sep 1, 2006, , 88 pages. Grades 1-3 \* Tease and tickle the imagination of every young student with creative reproducible activities spotlighting four fields of musical knowledge: composers, symbols and ....

90 Brain-Teasers for Trainers , Graham Roberts-Phelps, Anne McDougall, 1997, , 223 pages. The activities and exercises in this collection are designed to broaden perception, and improve learning, thinking and problem-solving skills. Using them is also a valuable way ....

Everything Mazes Book , Charles Timmerman, Aug 1, 2009, Games, . .

The Everything Word Search for the Beach Book Puzzles that are Shore to Keep You Entertained!, Charles Timmerman, May 18, 2009, Games, 192 pages. Packed with 150 new puzzles from puzzlemaster Charles Timmerman, this collection is the beachgoer's perfect companion for a fun day by the seashore! Puzzlers will love solving ....

The Big Book of Puzzle Fun Over 500 Puzzles, Quizzes, and Brain Teasers, Jeff O'Hare, Feb 1, 2000, , 144 pages. [Includes] ... "puzzles, games, jokes, magic tricks, quizzes, brainteasers ...".

PEOPLE Celebrity Puzzler Holiday-Palooza! , Editors of People Magazine, Oct 12, 2010, , 128 pages. First came The People Celebrity Puzzler Holiday Special, and a chorus of gratitude was heard throughout the land. Now, chock-full of seasonal brain-teasers and anything-but-ho ....

The Everything Travel Word Search Book Around the World in 150 Nonstop, High-Flying, Action-Packed Puzzles, Charles Timmerman, Sep 30, 2010, Games, . .

Concepts of Fitness and Wellness A Comprehensive Lifestyle Approach, Charles B. Corbin, Gregory J. Welk, William R. Corbin, Karen A. Welk, Dec 8, 2006, , 488 pages. Concepts of Fitness & Wellness: A Comprehensive Lifestyle Approach provides readers with self-management skills necessary to adopt a healthy lifestyle. This well established ....

Brain Buster 1000 Questions Ages 7-8, Collectif,, Ð½ÐÑ¼Â§â€Ð»Â¶Ð,, Jul 26, 2001, Children's questions and answers, . .

Improve Your Brain Power 400 Games, Puzzles and Teasers to Unlock Your Mind, Jack Guthrie, Tim Preston, Oct 21, 2004, , 256 pages. An entertaining and educational selection of more than four hundred mind-enhancing games, puzzles, tests, quizzes, and brain-teasers designed to give one's mind a workout ....

Happy Ending Children's Stories, and More: Poems, Tongue-twisters ..., Volume 1 Poems, Tongue-twisters, Proverbs, and Brain-teasers, Sr. Sabina Stella Santana, Jul 1, 2008, Children's poetry, East African (English), 64 pages. A book of children's stories, poems, tongue-twisters, proverbs, and brain-teasers from Africa by Sr. Stella Sabina, an author from Uganda who studied in Kenya and now lives and ....

The Everything Pencil Puzzles Book , Charles Timmerman, Aug 1, 2009, Games, 256 pages. - Everything puzzle books continue to be category leaders - Perfect for Games promotions! Skills required to solve these mind bogglingers include: - Code breaking - Logic testing ....

How Management Teams Can Have a Good Fight - J. J. Bourgeois Kathleen M. Eisenhardt, Joan J.

